



# OT UPDATE

Welcome back and best wishes for 2009 to you and your family!

- \* Check the [oectaottawa.ca](http://oectaottawa.ca) website under “Occasional” for the scheduled Emergency 1st Aid/CPR workshop planned for Saturday, February 28th, 2009. Remember this is a FREE, CERTIFIED workshop only for OTs.
- \* “DEALING WITH STRESS”—This is an all-teacher workshop presented by the OECTA OTTAWA STATUS of WOMEN Committee on Wednesday, January 21st, 2009 @ 4:30 at Immaculata HS Library. Check [www.oectaottawa.ca](http://www.oectaottawa.ca) for registration details.  
DEADLINE: Friday, January 16th, 2009.
- \* FRENCH as a SECOND LANGUAGE—La Cité Collégiale is offering FSL LEVELS 1-8. Courses run Monday & Wednesday OR Tuesday & Thursday 6:30-9:30 pm from January 26 to April 2. Phone 613-742-2483 ext. 2823 for information. Remember — being FSL-qualified could lead to an LTO or a permanent position.

## IDEAS to CONSIDER...

- \* Any relationship between a teacher and a student is one that is helpful but non-invasive.
- \* Unacceptable behaviour between a teacher and a student includes NEVER driving individual students to or from school
- \* A teacher must be non-judgmental, positive and respectful, honest and fair when dealing with students. Remember you are the adult!
- \* Never intimidate, demean or trivialize a student.
- \* A teacher should try to pronounce students’ names properly. Unsure? - ask for clarification.

## How Students Describe an Effective OT:

- \* One that actually teaches the class
- \* Able to relate to the age-group being taught
- \* Looks presentable
- \* Doesn’t try to be one of the students
- \* Can laugh at him/herself
- \* Creates a relaxed classroom atmosphere
- \* Doesn’t use threats
- \* Doesn’t tell stupid jokes
- \* Isn’t prejudiced
- \* Writes his/her name on the board for the students

*Mary Major, President  
Occasional Teachers*